

Mocs ON THE ROCKS



*Saturday, November 12, 2016
Noccalula Falls, Gadsden, Alabama*

1st, 2nd & 3rd place awards in each age division

PLUS ~ Prizes for top 15 finishers

10K Gadsden Runners Club *Grand Prix Event*

Chip Timing for both 5K & 10K



5K/10K Trail Run
1K Family Fun Run / Walk





ETOWAH SHERIFF'S CHARITIES

827 Forrest Avenue
Gadsden, AL 35901

www.etowahsheriffscharities.com

Register online www.runsignup.com, www.active.com, or at the Etowah Co. Sheriff's Office

Make Checks Payable To: Etowah Sheriff's Charities

Registration: 5K/10K - \$25 t-shirt guaranteed before November 4th; 5K/10K - \$30 after November 4th

Race Start Time: 9:00 am / \$2 Discount for GRC & ARC Members

Packet Pickup: 9:00 a.m. - 2:00 p.m. @ Etowah County Sheriff's Office on Thursday, November 10th

10K Trail Run 5K Trail Run/Walk 1K Family Fun Run (*Free*)

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

E-Mail: _____

Age: _____ **DOB:** _____ **Gender:** _____ **Phone:** _____

Long-Sleeve T-Shirt Size: XS S M L XL XXL / *TOP 15 finishers in each race will receive a fleece beanie cap!*

In Consideration of my being accepted, I intend to be legally bound, and do hereby, for myself, my heirs and executors, waive and release all rights and claims for damages or injuries which I may have or which may hereinafter accrue to me against the Etowah Sheriff's Charities. The Etowah Sheriff's Charities or its respective officers, agents, representatives, successors, assigns and sponsors for any all damages or injuries which may be sustained and suffered by me in consideration with my participation in the Mocs on the Rocks Trail Run 5K, 10K or 1K. If I should suffer any damages, injury or illness, I authorize officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for their action. I attest and verify that I am physically fit and have sufficiently trained for this event. I hereby grant my full permission to any and all of the forgoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever.

I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Participant's Signature or Parent or Guardian (if under 18)

Date